



Baby Boutique

The Healthy Beginnings Baby Boutique caters exclusively to new parents.

Whether you're shopping for your first arrival or your latest

addition to the family, you can find all the essentials from breast pumps to diaper bags at our Baby Boutique.

Stop by the Baby Boutique at the Healthy Beginnings Family Care Center to pick up a complimentary Seat Belt Pal.



For breastfeeding support or more information about San Antonio Community Hospital's Baby Friendly designation, call **909.980.BABY** (2229), or visit the Healthy Beginnings Family Care Center.

The center is located across the street from San Antonio Community Hospital at 1125 Arrow Highway, Upland, CA 91786.



SAN ANTONIO
COMMUNITY HOSPITAL
999 San Bernardino Road
Upland, CA 91786

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 56
UPLAND, CA 91786



**“I’M WORKING
ON MY MILLION
DOLLAR SMILE.”**

- Baby Madison

Did You Know...

Breastfeeding promotes good jaw development and encourages the growth of straight, healthy teeth.



3

more
reasons to
think about
breastfeeding
inside.

Reason #1
NUTRITION

Breast milk contains a perfect combination of nutrients.

Reason #2
IMMUNITY

Breastfeeding helps strengthen the developing immune system of an infant, decreasing the risk of illnesses.

Reason #3
BONDING

The bond between a nursing mother and her child is stronger than any other form of human contact.

San Antonio Community Hospital is Baby Friendly! We're equipped with the resources and specialists necessary to provide proper breastfeeding education and assistance to all expecting and new mothers.



San Antonio Community Hospital has received the Baby Friendly designation as an official resource for breastfeeding education and assistance. The Baby-Friendly Hospital Initiative (BFHI), launched in 1991, is an effort by UNICEF and the World Health Organization to ensure that all birthing facilities become centers of breastfeeding support.

909.980.BABY



BABY FRIENDLY

National Designated Center for Breastfeeding Support

